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Bwrdd Iechyd Prifysgol
Betsi Cadwaladr
University Health Board

Post of Consultant Rheumatologist

Based at Llandudno Hospital

February 2016

Job Description

Introduction

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1 BETSI CADWALADR UNIVERSITY HEALTH BOARD (WEST DIVISION)

The Post: Consultant Rheumatologist

1.1 Introduction

The Peter Maddison Rheumatology Centre (PMRC) is excited to offer 2 full time consultant posts to replace existing consultants.

The Peter Maddison Rheumatology Centre was officially opened 4th July 2013 and is the hub for North West Wales rheumatology services. The Unit is situated on the 2nd floor at Llandudno General Hospital and has accommodation for consultants, junior doctors, nurses, allied health professionals and clerical staff. It has a state of the art seminar room with full video conference facilities. There is a clinical area which incorporates 2 fully furnished outpatient rooms (one of which has a temperature control environment for ultrasound and a clinical bay that can accommodate 4 patients. There is a Health and Care Research Wales office base which accommodated research staff. This is a Welsh government research infrastructure that coordinates and facilitates research between academics and clinicians (equivalent to UK clinical Research Network). There is a Public Sector Suite that is dedicated for patient, carers and patient groups for educational and support meetings.

The Llandudno PMRC hub delivers to a wide geographical area with a population of 250,000 and is linked to the district general hospital, Ysbyty Gwynedd in Bangor. The 2 main outpatient sites are Llandudno and Ysbyty Gwynedd as well as peripheral/community clinics at Holyhead, Caernarfon, Blaenau Ffestiniog, Porthmadog, Pwllheli and Dolgellau. Biologic and other immunosuppressant therapies are carried out in the Assessment and Therapy Unit at Llandudno.

The PMRC has a state- of-the art Ultrasound machine (Logic E9) and does in-house rheumatology ultrasound scanning; for service, research and training purposes. The PMRC is one of the lead centres for ultrasound training in Wales and is part of the All Wales Rheumatology Ultrasound Group (AWRUG). The PMRC has obtained EULAR “imaging network” status for ultrasound training in 2015 for a period of five years.

These are the established specialist clinics which are geared to the needs of particular patient subsets:-

- Early synovitis
- Rheumatology US
- Connective Tissue Disease and Vasculitis
- Inflammatory Back Pain and Axial Spondyloarthritis
- Biologic
- Fibromyalgia
- Musculoskeletal
- Bone – delivered by the North Wales Bone unit Llandudno
- Rheumatology / Respiratory

- Rheumatology / Dermatology
- Rheumatology / Inflammatory Bowel Disease
- Paediatric / Adult Rheumatology (supported by Alder Hey Hospital , Liverpool)
- Hand Clinic
- Foot Clinic

The PMRC is an active research unit and works closely with the School of Sport, Health and Exercise Science department at Bangor University. We meet fortnightly at the Rehabilitation of Musculoskeletal Disorders and Exercise Science (ReMDiES) group and our interest include exercise, body composition, muscle, fatigue, cardiovascular disease and ultrasound. In the last 4 years there have been 5 completed PhD's and MSc projects. The Unit is also active in national studies e.g. myositis, scleroderma, SLE, and AS and pharmaceutical trials which are supported and facilitated by Health and Care Research Wales staff.

The PMRC will also provide Rheumatology teaching to the Wales 4th year medical students that are attached to the Unit from September till April. BCU West is part of the North Wales Clinical School, providing ample opportunities for Rheumatology education and teaching.

The Diagnostic Serology Laboratory under the direction of Head scientist and Professor Peter Maddison, have tailored it's service to the needs of Rheumatology and other specialities. It provides a comprehensive range of in-house assays which include CCP, full Myositis, and Scleroderma panels. This is also supported by a part time clinical immunologist, Dr Anthony Rowbottom.

The foundation of our service is the multidisciplinary team which has a powerful bio psychosocial focus. We have worked hard to encourage our clinicians to fulfil their therapeutic potential as individuals, while at the same time being part of a close knit clinical team. The multidisciplinary team meets up as a minimum weekly to discuss difficult or interesting cases as well catch up on professional and social affairs. Our monthly educational PMRC and 3 monthly North Wales meetings are stimulating with contributions from all our professionals and visiting speakers.

The current PMRC Rheumatology teams consists of

Consultants

- Dr Y Ahmad (interest in CTD, Vasculitis, ILD, Biologic and Adolescent)
- Dr K Maclean (Bone)

Junior Doctors

- One Rheumatology ST trainee
- One GP
- F2 academic

Rheumatology Nurse Specialist

- Mrs Anne Breslin
- Mrs Catherine Owen
- North Wales Lupus nurse currently in the process of being appointed
- Band 5 and Band 3 currently in development

Rheumatology Pharmacist

- Mrs Lois Lloyd

Allied Health Professionals

- Mr Robert Caine, Senior Rheumatology Physiotherapist
- Mr Mathew Williams, Rheumatology Physiotherapist
- Mrs Ann Mckeeman OT assistant
- Band 7 OT post currently in the process of being appointed
- Band 7 Ultrasonographers Rachel Davies and Barbara Waterstone

Health and Care Research Wales

- Hayley Tapping
- Caroline Jones

Secretarial and Clerical Staff

- Ms Catherine Wright
- Mrs Jacqueline Delabertouche
- Mrs Dilys Bennett
- Mrs Emma Fisher
- Mrs Sandra Jones
- Mrs Melanie Taylor
- Mrs Bibiana Haynes – appointment clerk
- Mrs Carolyn O'Connor – PMRC receptionist
- Ms Helen Evans -audit officer

1.2 The Post

This is a 10 session replacement post (7 direct clinical, 3 supporting professional activities) and is part of the PMRC. The outpatient sessions will be based at Llandudno, Ysbyty Gwynedd and other peripheral clinic site but the detailed job plan is flexible depending on discussions with the consultant colleagues to further streamline Rheumatology services.

2.3 Job Purpose

- With consultant, colleagues, provide a responsible rheumatology service across North Wales for the presentation, diagnosis and treatment of illness.
- Continuing responsibility for the care of patients in their charge in liaison with consultant colleagues
- Undertake professional supervision and management of junior medical staff and allied health practitioners.
- Participate in continuing medical education and research
- Participate in and contribute to clinical audit
- Cover for consultant colleagues during periods of absence

1.3 Example of Proposed Weekly Job Plan / Timetable

JOB PLAN Consultant 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	CLINIC	SPA	SPA	ADMIN	CLINICAL MDT WARD REFERRALS XRAY MEETING
PM	SPA	CLINICAL MDT 2-3PM EDUCATIONAL MTG- MONTHLY ADMIN	CLINIC	CLINIC	GRAND RND 1- 2PM CLINIC
JOB PLAN Consultant 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	ADMIN	CLINIC	SPA	CLINIC	CLINICAL MDT WARD REFERRALS XRAY MEETING
PM	SPA	CLINICAL MDT 2-3PM EDUCATIONAL MTG - MONTHLY ADMIN	CLINIC	SPA	GRAND RND 1- 2PM CLINIC

The final job plan will be discussed and agreed on appointment.

1.4 Medical Audit/CME/CPD

The post holder will be required to participate in regular Audit, Continuing Medical Education, and professional development as recommended by the Royal College of Physicians as part of the Health Board's Clinical Governance requirement. The post will be subject to the Health Board's Consultant Appraisal Policies.

The individual will be encouraged to regularly participate in post-graduate meetings and will be expected to attend the Grand Round Meetings on Fridays and participate in MRCP and core medical trainee teaching programmes.

All members of the Team take an active part in CPD activities. These include the monthly multidisciplinary rheumatology meeting in Ysbyty Gwynedd and meetings every two months with the other North Wales Rheumatology teams. The All Wales Rheumatology Audit Group and Advisory Sub Committee meets once every six months as does the North West Rheumatology Club (North Wales and Northwest England).

He/she would be encouraged to develop his/her research interests. There is an excellent opportunity to link with academic departments in the University of Wales, Bangor

2. Betsi Cadwaladr University Health Board Background

Introduction

Betsi Cadwaladr University Health Board (BCUHB) is the largest health organisation in Wales. It provides a full range of primary, community, mental health and acute hospital services for a population of around 676,000 people across the six counties of North Wales (Anglesey, Gwynedd, Conwy, Denbighshire, Flintshire and Wrexham) as well as some parts of mid Wales, Cheshire and Shropshire.

The Health Board employs around 16,100 staff and has a budget of around £1.2 billion. It is responsible for the operation of three district general hospitals (Ysbyty Gwynedd in Bangor, Ysbyty Glan Clwyd near Rhyl, and Wrexham Maelor Hospital) as well as 18 other acute and community hospitals, and a network of over 90 health centre's, clinics, community health team bases and mental health units.

It also co-ordinates the work of 115 GP practices and NHS services provided by North Wales dentists, opticians and pharmacies.

The Health Board is currently in a period of transition during reorganisation. The previous Clinical Programme Groups (CPGs) are now being replaced by Scheduled/Unscheduled Care Directorates for each site. Management structures are still being finalised during this interim change-over period.

2.1 Ysbyty Gwynedd

Ysbyty Gwynedd is a modern 468 bed District General Hospital sited in the university city of Bangor. It provides a comprehensive range of services to the population of Gwynedd, Anglesey and parts of Conwy in the region of North West Wales. It provides all the disciplines in General Medicine and Surgery in addition to all subspecialties, including Accident and Emergency, Intensive Care Unit, Surgical High Dependency Unit and Coronary Care Unit.

2.2 Llandudno General Hospital

- Llandudno General Hospital has 84 medical beds providing some acute medical and care of the elderly services and an elective surgical service and is based in the seaside resort on the North Wales Coast. The hospital has a Minor Injuries Unit that is open from 08:00am – 10:00pm seven days a week. A wide range of specialties hold outpatient clinics at the hospital, supported by radiological and pathological services. There is a 45-bed Rehabilitation Unit for Care of the Elderly patients, and it is proposed that Llandudno will have an

increasing role in the provision of specialist rehabilitation services. There is a DEXA Scanner for osteoporosis services at Llandudno General Hospital serving the North Wales Bone and Osteoporosis Service.

2.3 Management of Medical and Clinical Services

Clinical services are managed through Area Management Team.

2.5 Demography

West area population is of approximately 250,000. The area is a popular holiday destination and the population greatly increases during the summer months. North West Wales is a popular retirement area and parts of the district have the highest proportion of the over-65 age group in Wales. Medical and surgical practice reflects the pattern of disease found in this older age group.

2.6 Postgraduate Facilities

Ysbyty Gwynedd has an Education Centre which contains a state-of-the-art Lecture Theatre, together with a collection of lecture, seminar and practical rooms.

The Library has 24x7 access and there are 4 full and 1 part time members of staff. It has recently been extended, and there are 10 open access computers, all with internet access, and a PC Skills Suite, where information literacy training takes place. On-line databases and full text books and journals are available through the eLibrary for NHS Wales. There is a reference library at Llandudno General Hospital, run by the library staff from Ysbyty Gwynedd. Full computer access is available in the Library at Llandudno.

Postgraduate meetings take place every lunchtime in various specialties and there is a full evening lecture programme during the winter months. Each Friday lunchtime a combined Grand Round takes place.

Llandudno General Hospital has a reference library and is linked to Ysbyty Gwynedd facilities. There is a Seminar Room available for postgraduate meetings together with the Hospital Boardroom, which also hosts educational facilities.

2.7 Clinical Development and Research

Increasing emphasis in clinical practice is being placed upon evidence-based health care and evidence of value for money to provide maximum health gain. The West Division has a well-established Clinical Governance Support Unit, which promotes and organises clinical effectiveness activities within the Health Board with the intention of increasing the proportion of clinical care, which is shown, by evidence, to be effective.

Ysbyty Gwynedd also has an established local research committee and has links with the University of Wales Bangor. Statistical advice is available through a standing arrangement with the University Statistics Department. Other university departments are able and willing to offer advice in areas such as Electronics;

Engineering; Biochemistry; Social Services and Psychology. Formal links are particularly well established in the highly rated Sport, Health and Exercise Science Department. Combined research projects are particularly encouraged.

The old Trust had appointed a Chair in Vascular Studies to complement the existing professorial appointments in Cancer Studies, Rheumatology, Psychiatry, Neuropsychology and EMI Psychology. Audit meetings are held each month and are supported by an audit administrator and clerical staff. Imminent developments in information technology will provide clinical database, which will assist the audit process.

A number of substantial research grants have recently been awarded to clinicians through the MRC.

2.8 Clinical Governance

Some of the Executives have overall responsibility for the development of Clinical Governance within the Health Board and it is directed from the Nursing & Healthcare Governance Directorate with support from Clinical Governance Co-ordinators in each of the Clinical Directorates.

2.9 New Developments

New Consultants have been appointed in various disciplines, to develop a Cardiology Unit, Diabetes and Stroke services and new Endoscopy facilities. These will be linked to an increased number of beds in the Intensive Care and High Dependency Units.

Major developments, which have already been undertaken, include the provision of a new spiral CT scanner, new MRI scanner and new Radionuclide scanner.

Work has been undertaken to develop:

- On-site hospice facility
- Parent Accommodation in Paediatrics (Ty Enfys)
- Extensions and redevelopment of the Hospital Outpatient Department
- An Anaesthetic Department
- Development in operating facilities

2.10 Clinical School

The development at Ysbyty Gwynedd has cost nearly £3.5m which was funded by the Welsh Assembly Government, and will lead to an expansion of medical teaching and research facilities across North Wales.

Ysbyty Gwynedd delivers clinical teaching to medical students in their 4th and 5th years, the first of which joined us in September. The new facilities have allowed us to expand our teaching programme and increase the number of places we are able to offer. We currently take upwards of 50 medical students per rotation – which provides plenty of opportunity for doctors of all grades to involve themselves in teaching. The clinical school will also provide a structure within which teaching with other health professionals can take place.

We now have 3 dedicated teaching rooms, an assessment suite, common room, extended library and clinical skills lab.

The old North West Wales NHS Trust, which was responsible for Ysbyty Gwynedd had worked in partnership on this project with the other 2 North Wales Trusts, Bangor University, North East Wales Institute and the Cardiff University School of Medicine.

Bangor University has a new collegiate structure. Health related studies are now grouped together in the College of Health and Behavioural Sciences which comprises the new School of Medical Sciences, the School of Psychology, the School of Health Care Sciences the School of Sports and Exercise Studies and the Institute of Medical and Social Care Research (IMSCaR) . The new School of Medical Sciences is the primary link for medical research and education between Bangor University and the Heath Board and a post graduate medical school is under development in co-operation with the Heath Board. Active participation in the School is encouraged. The School of Medical Sciences is also responsible for the University component of the North Wales Clinical School

The primary role of the University in the North Wales Clinical School partnership is to provide students with intercalated degrees and special study components (SSCs). Consultants are encouraged either through the Heath Board or in partnership with the University to participate in this programme in addition to the teaching of medical students on their clinical placements in the Heath Board.

2.11 Medical Staff Appraisal

There is an ongoing programme of medical staff appraisal and all consultants have been appraised since March 2002. From April 2002, all non-consultant career grade staff have also been subject to the appraisal process, which is co-ordinated and facilitated through the Appraisal Co-ordinator (part of the Medical Personnel Department and presently still accountable to the Executive Medical Director).

2.12 Medicine West Area- Ysbyty Gwynedd and Llandudno General Hospital

In the West Area there are 24 beds in the Acute Medical Assessment Unit at Ysbyty Gwynedd with plans to expand this number to 30. There are 150 medical beds in 6 other wards for medicine at Ysbyty Gwynedd and there are 49 medical/CCU/elderly medicine beds in 3 wards at Llandudno Hospital.

At Ysbyty Gwynedd, the Consultant Physicians have a specialty sub-interest and beds designated for this service as follows:

Aran Ward	Dr A Wilton Dr M Murtaza	Diabetes/Endocrinology Diabetes/Endocrinology
Tryfan Ward	Dr W Ahmed Dr J Gasem Dr J Sutton	Gastroenterology Gastroenterology Gastroenterology

Gogarth Ward	Dr H Mohammed	Acute Medicine
	Dr A A Khan Dr C Subbe	Acute Medicine Acute Medicine
Glyder Ward	Dr M N Payne	Cardiology
	Dr A Azzu	Cardiology
CCU	Dr A B Hanna	Cardiology
Hebog Ward	Dr M M Jibani	Nephrology
	Dr Alejmi Dr Shrikanth	Nephrology Nephrology
Moelwyn Ward	Dr A Macfarlane	Dermatology
	Professor Anstey	Dermatology
Prysor Ward	Dr G F A Benfield	Respiratory
	Dr D McKeon	Respiratory
	Dr A Thahseen	Respiratory
Prysor Ward	Dr S Elghenzai	Stroke/Elderly Medicine
	Dr Sion Jones	Elderly Medicine

In Llandudno General Hospital, the Consultant Physicians are as follows:-

Beuno Ward	Dr S Alexander	Elderly Medicine/Orthogeriatrics
	Dr R Evans	Gastroenterology
	Dr J V Hindle	Elderly Medicine
Aberconwy Ward	Dr J V Hindle	Elderly Medicine
Morfa Ward	Dr J Hindle	Elderly Medicine /Rehab
	Dr Bates	Elderly Medicine
Llewelyn Ward	Dr J Hindle	Elderly Medicine /Rehab
	Dr Bates	Elderly Medicine /Rehab
PMRC	Dr Yasmeen Ahmad	Lead Consultant Rheumatologist
	Dr Jeremy Jones	Consultant Rheumatologist

3.1 Background

The rural nature of North West Wales has led to the development of a wider array of clinical specialities than one would normally associate with a DGH. The following examples are illustrative of some specialties/departments.

3.2 Medical Area West

Medicine - Ysbyty Gwynedd

The departments of Medicine and Care of the Elderly are fully integrated with pooled beds (153) and a shared 24-bedded admission ward. There are currently 15 Consultant Physicians and a team of 6 Consultants in Care of the Elderly Medicine. There are a further 4 visiting Consultants.

Special interests of individual Consultants include, Cardiology, Dermatology, Gastroenterology, Intensive Care, Oncology, Renal Medicine, Respiratory Medicine, and Rheumatology. The hospital provides both acute and chronic haemodialysis facilities and also runs a CAPD and APD programme.

There is a fully equipped Endoscopy Unit, which has regular sessions for ERCP and sphincterotomy and an Oesophageal Function Laboratory.

There is a 6-bed Coronary Care Unit with a dedicated Cardiology Ward and a Rapid Access Chest Pain Clinic. Angiography and cardiac catheter facilities are undertaken at Ysbyty Glan Clwyd.

Community Hospitals

The Directorate provides services to the 200,000 population and includes District Nursing, Physiotherapy, Occupational Therapy, Speech and Language Therapy and Community Medical Services. Community Hospitals provide outpatient facilities for Elderly Medicine, Family Planning, General Medicine, General Surgery, G U Medicine, Obstetrics/ Gynaecology and Orthopaedic Surgery.

It also manages a network of Community Hospitals across Gwynedd:

- Bron y Garth Hospital, Penrhyndeudraeth
- Bryn Beryl Hospital, Pwllheli
- Cefni Hospital, Llangefni
- Eryri Hospital, Caernarfon
- Dolgellau Hospital, Dolgellau
- Ffestiniog Memorial Hospital, Blaenau Ffestiniog
- Tywyn Hospital, Tywyn
- Penrhos Stanley Hospital, Holyhead

- Ysbyty Alltwn (completed 2008)

3.3 Cancer and Specialist Palliative Medicine

Local cancer treatment facilities were established as long ago as 1970 and have led to the development of excellent services, being the largest in Wales, outside Cardiff. Ysbyty Gwynedd and University of Wales, Bangor have jointly appointed a Chair of Cancer Services and this has been joined by a Consultant Medical Oncologist.

Three Haematologists, the Medical Oncologists and Palliative Care Consultant share twelve clinical beds and run an active haematological and solid tumour chemotherapy service, together with pain relief beds on the Alaw Unit, a purpose designed cancer unit on the hospital site. There is also an on-site Hospice Day Unit.

3.4 Children and Young People

Four Consultant Paediatricians provide care for the children in the local population. There are purpose built outpatient facilities, 2 paediatric wards (32 beds) and 12 cots on the Special Care Baby Unit. Consultants from Alder Hey Children's Hospital, Liverpool visit on a regular basis and have a 'Specialist' input into joint outpatient clinics. The Unit is integrated with community child health services and the two Consultant Paediatricians participate in the ward consultant out of hours rota.

3.5 Mental Health and Learning Disabilities

In conjunction with local Social Services Authorities, the Directorate provides a comprehensive range of mental health services to the counties of Gwynedd, Anglesey and Conwy in North West Wales, and has developed strong links with User and Voluntary sectors.

The main areas of service provision are as follows:

- Adult Mental Health
- Child and Family Guidance
- Forensic Services
- Substance Misuse Services
- Neuro Rehabilitation
- Primary Care Counselling

The main base for acute inpatient services is the Hergest Unit at Ysbyty Gwynedd, however, there are local support beds in Llangefni, Bangor, Penmaenmawr, Barmouth and Pwllheli. The Directorate and service has an academic unit in North Wales and very strong links with the University of Wales Bangor.

3.6 Pathology

Three Consultant Histopathologists, one Top Grade Biochemist, two Medical Microbiologists and three Clinical Haematologists serve this department. The Histopathology Department processes 12,327 surgical 15,000 Gynae and approximately 3,000 non-Gynae cytology specimens per year.

There is a PHLS Laboratory on-site whose consultant is advisor to the Health Board on health and safety and medical risk management policies and procedures as well as advisor to the Health at Work Department.

The Departments of Chemical Pathology and Haematology provide comprehensive services together with a wide range of testing and specialist techniques. Haematology has a large input into local cancer treatment facilities and a strong relationship with the Medical Oncologist and Palliative Care Consultant.

3.7 Radiology

Eleven Consultants in this department provide a modern radiological service. Services include mammography, angiography and arteriography (including subtraction techniques) and interventional angioplasty. There are radioisotope scanning facilities (with subtraction techniques), ultrasound (including nephrostomy drainage and biopsy techniques), total body CT scanning and full conventional radiology, MRI and spiral CT. The North Wales Breast Centre, part of Breast Test Wales is situated at Llandudno General Hospital. PET scanning facilities available in Wrexham Maelor Hospital.

3.8 Surgery and Dental

There are 9 surgeons in post and 2 Urologists. Of the general surgeons two have significant commitments at Llandudno General Hospital. Sub-specialisation has been adopted within the department with individual consultants taking an interest in 2 breast, 2 colorectal, 2 upper GI and 3 vascular surgery. In addition there are 4 Consultant ENT Surgeons, 5 Consultant Ophthalmologists, 1 visiting Consultant in Maxillo/Facial/Oral surgery and 1 Consultant Orthodontist. There is also a visiting Consultant in Restorative Dentistry and a visiting Plastic Surgeon. The 2 surgeons who specialise in Breast Surgery have significant commitments in Llandudno General Hospital.

Trauma and Orthopaedics

The Consultant led Emergency Department at Ysbyty Gwynedd serves the whole of North West Wales for major trauma and comprises a Casualty Department with a major treatment room, resuscitation area, 23 bed trauma ward and twin theatre. The Minor Injuries Unit at Llandudno General Hospital provides a minor injuries service mainly for the population of Aberconwy.

The Orthopaedic Department has 7 Consultants and provides a comprehensive orthopaedic service including joint replacement and revision surgery as well as hand and arthroscopic surgery.

3.9 Anaesthetics Critical Care and Pain Management

Includes Intensive Care, the Acute and Chronic Pain Services, together with providing a comprehensive anaesthetic service to main theatre; day surgery/endoscopy and labour suite facilities.

Intensive Care Unit and Surgical HDU

There are 8 operational ITU beds and 2 High Dependency Beds, which are managed by a Senior Consultant Anaesthetist with 24-hour on-call support. There are also proposals to offer a medical HDU facility.

3.10 Women and Maternal Care

Five Consultant Obstetricians and Gynaecologists provide obstetric and gynaecology services to the local population. There are approximately 1,800 births each year at the unit. Gynaecology Services are provided through a 24-bed inpatient ward, beds at Llandudno Hospital and day surgical units.

4. Living in North West Wales

Housing

A wide selection of private housing is available, both traditional and modern in towns, villages and rural settings. North Wales property prices recently have tended to catch up with the rest of Britain. On the whole, people moving to the area still get more house and garden for their money compared to other areas.

Education

Following the Welsh tradition, educational standards are consistently high in both the primary and secondary sectors. There are several well established independent schools within North Wales and the surrounding area that cater for both day pupils and boarders. Coleg Menai in Bangor, Llangefni and Holyhead provide alternatives to traditional education after the age of 16. The University of Wales Bangor with its excellent scholastic reputation has a thriving student community.

Leisure and Relaxation

Gwynedd and Anglesey are well equipped with sports and leisure centres that provide opportunities for a wide variety of sporting, fitness and recreational activities. Sailing, windsurfing, canoeing, water skiing and under sea diving can be enjoyed at a wide variety of sea, lake and river locations throughout the area. The potential opportunities for hill walking, climbing, abseiling and orienteering are endless. Dry ski slopes at Llandudno and Capel Curig ensure that skiing is possible all year round. There is an abundance of golf courses. Village clubs for football, rugby, cricket and tennis etc. are very popular and receive enthusiastic support.

Culture

Anglesey and Gwynedd's coastline, mountains, historic sites and settlements give it a truly unique character. The diversity of Welsh culture and the vitality of the Welsh language are important features of living in North West Wales. Anglesey and

Gwynedd are bilingual counties and the Health Board is committed to providing care in the language of the patient's choice. Non-Welsh speaking employees are encouraged to develop Welsh language skills.

Communications

Fast A55 dual carriageway links now give easy access to the national motorway network and Manchester's International Airport. With the opening of the Conwy tunnel, Chester and North West England are now no more than one hour's drive away from the centre of Gwynedd. Excellent high-speed rail services (Bangor to London Euston in four hours) ensure that all parts of the country are within easy reach. The rail network along the coast is linked to the ferry terminal at Holyhead. Travel to and from Holyhead has improved following the completion of the A55 across the island.

Information about Gwynedd and North West Wales

North West Wales is a predominantly rural area with a population of approximately 250,000 of which only 23% live in towns of over 10,000 people. The Snowdonia National Park covers two thirds of Gwynedd's 1,500 square miles, with many other locations designated as areas of outstanding natural beauty. Extensive coastlines and spectacular mountain ranges combine to make an infinite variety of constantly changing scenery throughout the year. North West Wales includes the counties of Gwynedd and Anglesey (Ynys Môn). Gwynedd encompasses the districts of Arfon, Dwyfor and Meirionnydd

Arfon is at the heart of Gwynedd. Here one finds the majestic mountains of Snowdonia, and the historic city of Bangor, with its University and the town of Caernarfon with its magnificent 13th century castle. Until very recently the area's dominant industry was slate quarrying, and towns such as Bethesda and Llanberis have a strong industrial heritage. Today Caernarfon is the centre for North Wales' growing independent television industry. Llanberis is one of Britain's main climbing centres and the Menai Straits has excellent yachting facilities.

Anglesey (Ynys Môn) lies across the two historic bridges over the Menai Straits, Thomas Telford's famous suspension bridge and Stevenson's Britannia Bridge, the island "Mother" of Wales. Rich in pasture and striking seascapes, historically Anglesey has a wealth of fine sandy beaches and small pretty villages. The island's centre is Llangefni, a busy market town. Beaumaris has another of North West Wales' famous castles, while Holyhead, the largest town on the island is a major seaport with regular ferry service to Ireland. The A55 Expressway across North Wales extends to Holyhead and its ferry port.

Dwyfor is one of Wales' most popular holiday destinations. With the Llyn Peninsula stretching out to sea Dwyfor has a wealth of small resorts such as Abersoch and Nefyn, as well as larger towns like Porthmadog, Criccieth and Pwllheli. Dwyfor has some of the most striking castles in North Wales. One of its most famous sons was Lloyd George and there is a museum to celebrate his achievements in Llanystumdwy. Dwyfor's seafaring traditions are maintained in its many small ports and harbours.

Meirionnydd is the most southerly district of Gwynedd. It has stretches of golden sands along Cardigan Bay, rocky coves, the breathtaking mountain scenery of the Snowdonia National Park and busy market towns such as Dolgellau and Tywyn. One of Meirionnydd's most important centres is the slate mining town of Blaenau Ffestiniog that remains a flourishing centre for the industry. From the lake and quiet beauty of

Bala to the fascinating Italian style village of Portmeirion, Meirionnydd is an area of contrasting beauty, rich in history and modern leisure facilities.

Conwy includes the attractive Victorian seaside resort town of Llandudno, some 23 miles and 30 minutes from Bangor and Ysbyty Gwynedd. The area of the Conwy Valley is of outstanding natural beauty with views of Snowdonia. There is good access to Chester, Manchester and its airport via the same A55 Expressway that connects these to Gwynedd and Anglesey.

5. FURTHER INFORMATION

5.1 These two posts are based at the Llandudno General Hospital and are replacement posts.

As per the Welsh Consultant Contract, the full time job plan has 10 sessions, made up of 7 clinical sessions and 3 supporting professional activity sessions.

Applicants and prospective applicants are encouraged to ring and/or visit the department to meet our Consultant Rheumatologist Dr Y Ahmad 01492 862334.

5.2 Applicants are welcome to visit Llandudno General Hospital and Ysbyty Gwynedd and meet the Chief Executive, Executive Directors, Clinical Director and other consultant staff. Such visits should be arranged by contacting Mr Kevin Robinson Medical Personnel Manager on 01248-384120. Prospective applicants wishing to discuss the post may contact Dr. Y Ahmad Consultant Rheumatologist on Tel: 01492 862334.

The contract for the post will be as per the NHS Wales Consultant Contract, National Terms and Conditions of Service of Hospital Medical and Dental Staff and the General Whitley Council Conditions of Service.

The Betsi Cadwaladr University Health Board is an Equal Opportunities Employer.

5.3 Application is by visiting NHS Jobs UK, website www.jobs.nhs.uk and following the instructions for on-line applications. The Health Board website is: www.bcu.wales.nhs.uk

For further information or to arrange an informal visit to the department, contact Dr. Y Ahmad Consultant Rheumatologist, Llandudno General Hospital, Hospital Road, Llandudno, LL30 1 LB ;Tel: 01492 862334.

The contract for the post will be as per the NHS Wales Consultant Contract, National Terms and Conditions of Service of Hospital Medical and Dental Staff and other terms and conditions as appropriate.

The Betsi Cadwaladr University Health Board is an Equal Opportunities Employer.

Betsi Cadwaladr University Health board is a non smoking site which covers all buildings and grounds.

GENERAL REQUIREMENTS

This post is subject to the Terms and Conditions of employment of the Betsi Cadwaladr University Health Board.

Competence

You are responsible for limiting your actions to those that you feel competent to undertake. If you have any doubts about your competence during the course of your duties you should immediately speak to your Line Manager/Supervisor.

Registered Health Professional

All employees of the Health Board who are required to register with a professional body, to enable them to practice within their profession, are required to comply with their Code of Conduct and requirements of their professional registration.

Supervision

Where the appropriate professional organisation details a requirement in relation to supervision, it is the responsibility of the post holder to ensure compliance with this requirement. If you are in any doubt about the existence of such a requirement speak to your Manager.

Risk Management

It is a standard element of the role and responsibility of all staff of the Health Board that they fulfill a proactive role towards the management of risk in all of their actions. This entails the risk assessment of all situations, the taking of appropriate actions and reporting of all incidents, near misses and hazards.

Health and Safety Requirements

All employees of the Health Board have a statutory duty of care for their own personal safety and that of others who may be affected by their acts or omissions. Employees are required to co-operate with management to enable the Organisation to meet its own legal duties and to report any hazardous situations or defective equipment.

Flexibility Statement

The content of this Job Description represents an outline of the post only and is therefore not a final list of duties and responsibilities. The Job Description is therefore intended to be flexible and is subject to review and amendment in the light of changing circumstances, following consultation with the post holder.

Confidentiality

All employees of the Health Board are required to maintain the confidentiality of members of the public and members of staff in accordance with Health Board policies.

Record Keeping

All employees are responsible for ensuring Departmental and Health Board Records are created and maintained in accordance with the Health Board Policy.

Approved by the Royal College of Physicians 24 march 2016

A handwritten signature in blue ink that reads "A. K. Freedman". The letters are cursive and slightly slanted to the right.

Dr Andrew Freedman

RCP regional adviser South East Wales