

Table II. The radiological assessment of lumbar degenerative changes proposed by Lane et al²⁰ (a secondary grading system ranks whether sclerosis is present or not)

Grade	Distinguishing features
0	Normal joint with no osteophytes or narrowing
1	Mild narrowing (at one level) and mild osteophytes
2	Moderate narrowing (2 to 3 levels) and/or moderate or severe osteophytes