

Table 1. Questions Used to Assess the 4 Risk Factors in Risk Model 1

Question	Points
1. What is your present age?	
≥80 y	1
70-79 y	0
2. What is your current weight?	
<60 kg	1
≥60 kg	0
3. Can you rise 5 times from a chair without using your arms? (Try if you want.)	
No, I must use my arms to rise	1
Yes	0
4. Have you broken any bones after the age of 40 y?	
If so, which bone?	
Have your vertebrae been x-rayed?*	
Fracture of wrist/lower arm, upper arm, hip, or vertebrae, or vertebral compression seen on radiograph	1
No fracture, or fracture in some other location	0

* Specific question about vertebral radiographs posed only to women in the Vislanda population.